



The  
Brigid  
Alliance

# How to support The Brigid Alliance and increase access to abortion care



Financial support from individuals is absolutely critical to ensuring equitable access to abortion care in the United States.

# \$2,300

is the average cost to provide one client with everything they need, not only to get to an abortion, but to get back home safely and with dignity.

**Average expenses include:**



## \$1,000

covers flights or major transportation costs for a single client



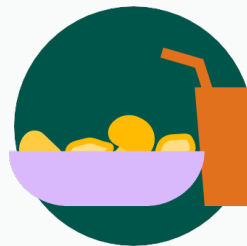
## \$500

covers two nights at a hotel



## \$300

covers childcare reimbursement for one client



## \$150

covers two days of meal stipends



## \$50

covers over-the-counter pain medication, heating pads, and sanitary products for post-procedure care



And all of this is overseen by coordinators who are full-time staff, trained to provide non-judgmental, trauma-informed support at every step of the journey.

# A BROADER LOOK at the impact of your donations

For **one month** of work:

**\$100,000**

covers flights and transportation costs for our entire portfolio of clients

**\$75,000**

covers the cost of lodging for our entire portfolio of clients

**\$50,000**

covers the cost of meal stipends, not only for clients but oftentimes the companions or children that must travel with them

**\$25,000**

covers the costs of childcare and post-procedure comfort stipends

Plus:

**\$100,000**

covers the cost of travel management fees for SIX months of Brigid operations

**\$5,000**

covers the cost of trainings, conferences, and convening with clinics and partner organizations around the country



That said, we understand some people want to do more than write a check, so we encourage people to get involved with The Brigid Alliance in other ways. You can...

**Host a fundraiser** – or ask someone you know to host one –online or offline. We have benefited from the creative fundraising efforts of so many of our supporters, from house parties to bake sales to folks walking across the country to raise awareness and funds. Visit <https://brigidalliance.org/hostafundraiser/> to let us know if you're hosting an event and we'll provide you with a video about our work and other resources.

**Use your business or side hustle.** What are your special talents? Who are you reaching with your business or social profile? We've had musical and visual artists contribute a portion of their sales, create custom pieces or hold raffles to support the cause. Bookstores and publishers have donated a portion of their sales. Chefs, restaurant owners, and bartenders have created special cocktails, hosted wine nights, and sold tickets to specific dinners in support of The Brigid Alliance. And anyone who shares our work on social media is having an impact.

**Tap into your network.** Maybe you know someone who runs a major hotel chain or car rental agency who would be willing to donate services or provide them at a discount.

**Volunteer for an abortion fund or practical support organization.** The Brigid Alliance employs a full-time paid staff led by clinical social workers and can't accommodate volunteers as part of our work at this time, but many of our partners, including abortion funds and practical support organizations, rely on volunteers to operate. You can visit [abortionfunds.org](http://abortionfunds.org) to find an abortion fund near you or [apiaryps.org/pso-list](http://apiaryps.org/pso-list) to find your local practical support organization.

And there are many ways to support abortion access. You can...

**Be an escort at an abortion clinic.**

If you live in a state where abortion is legal, you can volunteer to be an escort for pregnant people who are often harassed as they enter abortion clinics. Search abortion clinics in your area, click on the volunteer page, and see if they're looking for clinic escorts.

**Vote!** It's impossible to overstate the importance of voting and helping your friends and neighbors get to the polls. Abortion is on the ballot, and we need to make our voices heard.